**A Sixth-Year Said**

We asked some of our Sixth Form students to give you some advice.

Here’s what they said.

*Be organised and pack your bag the night before*

***Wear a watch so that you are on time for lessons***

*Always record your homework in your planner*

***Make sure you do your homework on the day it is set, don’t leave it too long***

*Go to as many clubs as possible, that way you will make new friends*

***Start every lesson with a positive attitude***

*Don’t be scared to ask for help*

***Excitement is good, anxiety needs dealt with (****teachers can help****)***

*If you’re finding things tough, tell your Form Teacher*

***Wake up early enough to get to school on time***

*Don’t bring valuables to school*

***Enjoy your time at school***

*Carry your bag - not worries*

***Get into a healthy sleep routine***

*No screen time from an hour before bedtime*